

SABINE SCHNABEL

· Klang für Pferde ·

Healing Sounds and Good Vibrations for Horses and Equestrians



Photo: A. Büssemeier

- Your horse is struggling with a persistent physical or mental problem? No satisfying solution has been found yet? You find its behavior “difficult” or puzzling?
- You would like your horse to be more successful and focused in competitions and horse presentations?
- Your horse could need a boost for its immune system and some deep regeneration?
- You would like your horse to express its full potential and charisma? With ease?
- You are open to a smart treatment for horses that is ancient and cutting-edge at the same time? Gentle, efficient and of lasting effect? Which your horses love? That supports and intensifies veterinary and physiotherapeutic treatments?

Then HEALING SOUNDS for horses might just be what you have been looking for!
Give it a try and find out about the enormous potential of GOOD VIBRATIONS...

I am looking forward to meeting you and your horse(s)!

Contact information

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How do HEALING SOUNDS for horses work

Gentle and efficient vibrations of tuning forks, singing bowls and other harmonic instruments in combination with human voice and other holistic techniques like tapping help your horse to calm its nervous system, rewire its brain to respond in healthier ways, and to restore physical and mental balance.

How can my horse profit from HEALING SOUNDS and GOOD VIBRATIONS

Your horse can relax on a very deep level and gather new strength. Difficult situations like the veterinary, physical treatment or a change in your horse's environment can run more smoothly. Diseases, allergies, fear and phobias can be relieved or healed completely. Lessons can be learned easier and in a more efficient way. Competitions and licensing presentations can produce better results. Body systems and vital parameters can be balanced. Nervous and immune system of your horse are strengthened. Your horse can be at ease and enjoy vitality, which is, in the end, beneficial for the whole team.

I offer your horse an individual and protected space. There it can feel safe enough to release old traumatic experiences, which are stored in its body and restrain its physical or mental wellbeing. Since your horse sets the pace for this self-healing process, results may not always come instantly but they will come and they are of lasting effect. My task is to guide your horse on its path to transformation, more peace of mind and vitality.

Appointments

If you are interested in an appointment, please give me a call or email me. I will get back to you as soon as possible and we will find out on which terms we can work together. If you own more than one horse or if you are responsible for an equestrian team, several horses can be included in the work. It is also possible to accompany your horses on tournaments, presentations or during challenging periods like foaling season or at the end of a horse's life.

About

As a sound therapist for horses, I work for horses of all ages and types throughout Germany and Europe. I have specialized in so-called "difficult" horses.

Holding a degree in humanities and after initially pursuing a career in public relations, I discovered the fascinating world of HEALING SOUNDS and GOOD VIBRATIONS and was thrilled immediately. I obtained profound professional training in sound and movement therapy as well as in tapping and other energetic techniques. Learning never stops. Thus, I love to continue studying, which includes constant refining my work with the horses.

Sound touches us.

Andrea Olsen

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